

Ketamine Infusion Therapy: Mood Disorders

What does Ketamine Treat?

Ketamine Infusion Therapy (KIT) is an innovative, new treatment for anxiety and depression. In clinical studies, it has shown to have rapid uplifting effects, especially when treatment with typical anti-depressants have failed.

How does Ketamine work?

Evidence suggests it has a reset effect in the midbrain — an area of the brain that processes unconscious functions like your mood, painful memories, and even physical pain. After a Ketamine infusion, these areas reboot and have an opportunity to process your world from a fresh perspective.

What do you feel during a Ketamine infusion?

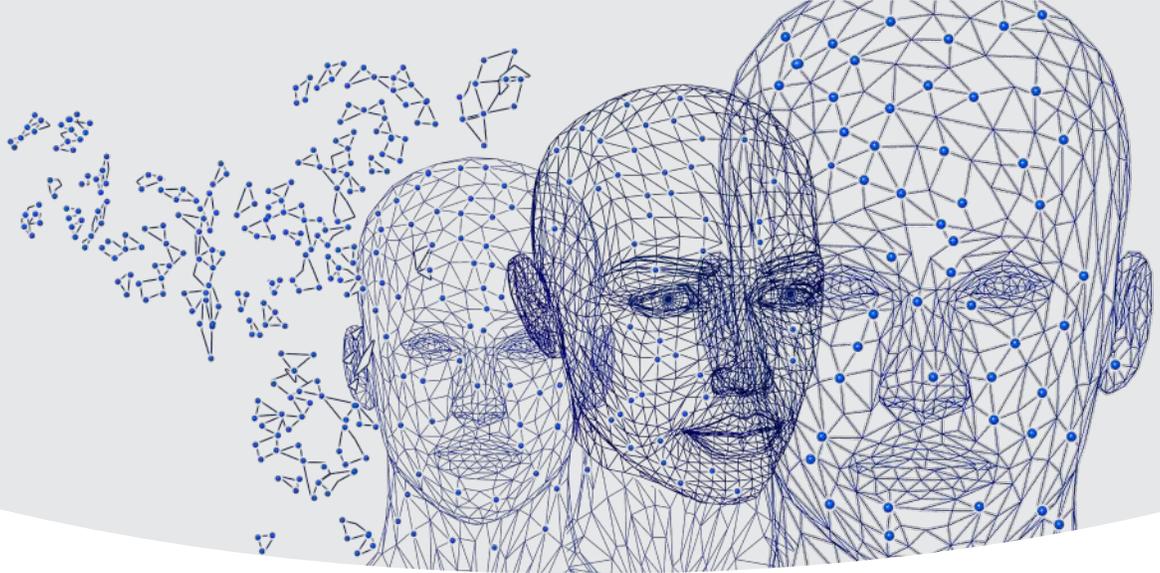
During the infusion, people often feel a floating sensation that some describe as an “out-of-body” experience. It’s possible to manage the session so that you fall asleep and avoid that, but Ketamine can evoke vivid daydreams or visions that can be insightful to your struggles.

What is KIT-C?

KIT-C is a process unique to Wellward, where the “C” stands for Clarity. In addition to Ketamine’s Hypnotic effect, it is also a *Dissociative Anesthetic*. This means that during the infusion, your identity and consciousness split, allowing you to see yourself from an entirely new window.

During the KIT-C session, our clinicians guide a meditative therapy that identifies the negative thoughts and defenses that block significant breakthroughs. Harnessed in the right way, KIT-C is a safe and powerful insight into the struggles that unconsciously keep you from clarity and repeat that depressive or anxious thought patterns.

Anxiety & Depression create a bully living inside of you that constantly belittles and berates. KIT-C finds that bully and helps you retake control.



Who is a candidate for Ketamine?

Ketamine infusions may be an effective treatment for patients with depression who have not benefitted from antidepressant medications or therapy. There is little research on people with psychosis, schizophrenia, or mania. Our clinicians carefully evaluate the risks and benefits for each patient before deciding to proceed.

Side effects from Ketamine

During the infusion you may experience strange sensations, but you will be alert and able to talk. It has been reported on rare occasions that some patients have slurred speech, confusion, nausea, and vomiting, but all of these are able to be treated. You will return to a normal mental state rapidly when the infusion is over.

You may feel very tired afterward, so do not drive or operate machinery, care for others, or sign important papers on the day of treatment. So, you'll need to have a driver after your infusion.

Is KIT or KIT-C right for me?

If you have had KIT before or just simply need a booster, KIT may be all you need. But if you've struggled with anxiety or depression, have had a traumatic event that is hard to talk about, or just simply struggle with a roadblock in life, KIT-C is unique. Patients routinely say "it's like 20 years of therapy in a day."

Cost of Ketamine treatments

Ketamine Infusion Therapy (KIT) is not covered by insurance, but we have seen such remarkable outcomes, that we have tailored safe and effective protocols now available to the public. Every session is overseen by an anesthesiologist well-versed in the nuances of Ketamine infusions.

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